



JANUARY 2023



Office Hours: M-W-F 10:00 am to 1:00 pm

(916) 972-9722

<u>SUN</u>	<u>MON</u>	<u>TUE</u>	<u>WED</u>	<u>THU</u>	<u>FRI</u>	<u>SAT</u>
<p><u>HAPPY NEW YEAR</u></p> <p>3-5 SUNDAY SUPPORT</p>	<p>2 10:00 Walk 2:00 Bowling</p>	<p>3 NL Deadline</p> <p>7:45 Men's Brkfst 10:00 Hand & Foot 12:30 Billiards 3:00 Board Meeting</p>	<p>4</p> <p>9:00 Ladies' Coffee 10:00 Pinochle</p>	<p>5</p> <p>8:30 Red Hawk 9:00 Walking Grp 1:30 Book Club</p>	<p>6</p>	<p>7 8:00 Lido Breakfast 6:00 Hand & Foot</p>
<p>8 3-5 SUNDAY SUPPORT</p>	<p>9 10:00 Walk 2:00 Bowling</p>	<p>10</p> <p>7:45 Men's Brkfst 10:00 Hand & Foot 12:30 Billiards</p>	<p>11</p> <p>9:00 Ladies' Coffee 10:00 Pinochle</p>	<p>12</p> <p>9:00 Walking Grp 1:00 Newcomer's 1:00 Line Dancing 4:00 Applebee's</p>	<p>13 DL Noon-Membership Luncheon</p>	<p>14 2:00 Grief Recovery Workshop 6:00 Hand & Foot</p>
<p>15 3-5 SUNDAY SUPPORT</p>	<p>16 <u>OFFICE CLOSED</u> Martin Luther King Day 10:00 Walk 2:00 Bowling DL: De Young Museum</p>	<p>17</p> <p>7:45 Men's Brkfst 10:00 Hand & Foot 12:30 Billiards DL- 3rd Wed Dinner</p>	<p>18</p> <p>9:00 Ladies' Coffee 10:00 Pinochle 4:00 3rd Wed Dinner</p>	<p>19</p> <p>9:00 Walking Grp 10:30 Senior Craft 10:30 Ettore's 3:00 Poker</p>	<p>20 8:30 NL Circ. DL; WPACTM Lunar New Year Celebration</p>	<p>21 11:30 Membership Lunch 2:00 Grief Recovery Workshop</p>
<p>22 3-5 SUNDAY SUPPORT</p>	<p>23 10:00 Walk 2:00 Bowling DL- Out & About Chinese New year</p>	<p>24</p> <p>7:45 Men's Brkfst 10:00 Hand & Foot 12:30 Billiards</p>	<p>25</p> <p>9:00 Ladies' Coffee 10:00 Pinochle</p>	<p>26</p> <p>9:00 Walking Grp 1:00 Line Dancing 4:00 Applebee's</p>	<p>27 5:00 CATERED CELEBRATION OF LUNAR NEW YEAR</p>	<p>28 2:00 Grief Recovery Workshop 6:00 Mexican Train Dominoes</p>
<p>29 1:00 Out & About-Chinese 3-5 SUNDAY SUPPORT</p>	<p>30 10:00 Walk 2:00 Bowling</p>	<p>31</p> <p>7:45 Men's Brkfst 10:00 Hand & Foot 12:30 Billiards</p>				<p>NL - Newsletter DL - Deadline for reservations DT- Day of Trip</p>