



OCTOBER 2025



Office Hours: M-W-F 10:00 AM - 1:00 PM

Phone: (916) 972-9722

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

DL Deadline for Reservation DT Day of Event NL NEWSLETTER			1 1:30 Bunco	2 9:00 Walking Group 1:30 Book Club	3	4 8:30 Lido's 2:00 Grief Recovery 6:00 Hand & Foot
5 3:00 Sunday Support	6 2:00 Bowling :	7 NL COPY DUE 10:00 Hand & Foot 12:30 Billiards 3:00 Board Meeting	8	9 9:00 Walking Group 1:00 Line Dancing 4:00 Applebee's	10	11 2:00 Grief Recovery 6:00 Hand & Foot
12 3:00 Sunday Support	13 2:00 Bowling	14 10:00 Hand & Foot 12:30 Billiards	15 4:00 3rd Wed Dinner	16 9:00 Walking Group 10:30 Senior Crafts 2:00 Poker	17 DL OUT & ABOUT 6:00 Karaoke & Komedý	18 2:00 Grief Recovery
19 3:00 Sunday Support	20 2:00 Bowling	21 10:00 Hand & Foot 12:30 Billiards	22	23 9:00 Walking Group 11:30 Out & About 1:00 Line Dancing 4:00 Applebee's	24 NL CIRCULATION 	25 6:00 Mexican Train Dominoes
26 3:00 Sunday Support	27 2:00 Bowling	28 10:00 Hand & Foot 12:30 Billiards	29	30 9:00 Walking Group 3:30 Halloween Party	31 DL Member Appreciation Lunch	ATTENTION! Clocks fall back November 2, 2025 