



OCTOBER 2024

Office Hours: M-W-F 10:00 AM - 1:00 PM

Phone: (916) 972-9722



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

<p>P</p>		<p>1 10:00 Hand & Foot 12:30 Billiards 3 :00 BOARD MEETING NL ITEMS DUE</p>	<p>2 8:30 Red Hawk Casino DL- CA Academy of Science</p>	<p>3 9:00 Walking Group 1:30 Book Club</p>	<p>4</p>	<p>5 8:00 Lido Breakfast 2:00 Grief Recovery Program 6:00 Hand & Foot</p>
<p>6 3-5 SUNDAY SUPPORT</p>	<p>7 NL Copy writer 2:00 Bowling</p>	<p>8 NL Copy Writer 10:00 Hand & Foot 12:30 Billiards</p>	<p>9 NL Corrections</p>	<p>10 9:00 Walking Group NL 2nd Corrections 1:00 Line Dancing 4:00 Applebee's</p>	<p>11 DL- Noon Member Appreciation /Monthly Membership Luncheon</p>	<p>12 2:00 Grief Recovery Program 6:00 Hand & Foot</p>
<p>13 3-5 SUNDAY SUPPORT</p>	<p>14 2:00 Bowling DL-Bob Dant Celebration</p>	<p>15 NL - Corrections 10:00 Hand & Foot 12:30 Billiards DL 3rd Wed Dinner</p>	<p>16 4:00 3rd Wed Dinner</p>	<p>17 NL - Corrections 9:00 Walking Group 10:30 Senior Crafts 2:00 Poker DL - Out & About -</p>	<p>18 NL - Production 1:00 Family Estrangement Support Group 6:00 "Karaoke & Komedy"</p>	<p>19 11:30 Member Appreciation Monthly Membership Meeting No Grief Recovery Program</p>
<p>20 11:30 Bob Dant Celebration 3-5 SUNDAY SUPPORT</p>	<p>21 8:30 NL -Circulation 2:00 Bowling</p>	<p>22 10:00 Hand & Foot 12:30 Billiards</p>	<p>23 DT -8:15 AM - California Academy of Science DL Noon Halloween Party</p>	<p>24 9:00 Walking Group 11:30 Out & About - Bacchus House 1:00 Line Dancing 4:00 Applebee's</p>	<p>25</p>	<p>26 2:00 Grief Recovery Program 6:00 Mexican Train Dominoes</p>
<p>27 3-5 SUNDAY SUPPORT</p>	<p>28 2:00 Bowling</p>	<p>29 10:00 Hand & Foot 12:30 Billiards</p>	<p>30 3:30 Halloween Party</p>	<p>31</p>		<p>DL- Deadline for Reservations DT- Day of Trip/Eating Out NL--Newsletter SN -Special note</p>