



MAY 2026



Office Hours: M-W-F 10:00 AM - 1:00 PM, Phone: (916) 972-9722

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	DL Deadline for Reservation DT Day of Event NL Newsletter Schedule				1	2 8:30 Lido Cafe 10:00 Facilitators' Mtg. 6:00 Hand & Foot
3 3:00 Sunday Support	4 2:00 Bowling	5 <u>NL COPY DUE</u> 10:00 Hand & Foot 12:30 Billiards 3:00 Board Meeting	6	7 9:00 Walking Grp. 1:30 Book club 6:00 Workshop	8	9 6:00 Hand & Foot
10 3:00 Sunday Support	11 2:00 Bowling	12 10:00 Hand & Foot 12:30 Billiards	13 1:30 Bunco	14 9:00 Walking Grp 1:00 Line Dance 4:00 Applebee's 6:00 Workshop	15 6:00 Karaoke & Komedey	16
17 3:00 Sunday Support	18 2:00 Bowling DL Kayak Trip	19 10:00 Hand & Foot 12:30 Billiards	20 4:00 Brookfields	21 9:00 Walking Grp 10:30 Sr. Crafts 2:00 Poker 6:00 Workshop	22 <u>NL CIRC</u> 12:30 Pinochle	23 6:00 Mexican Train Dominoes
24 3:00 Sunday Support	25 <u>MEMORIAL DAY</u> <u>OFFICE CLOSED</u> NO Bowling 2:00 Ice Cream Social	26 10:00 Hand & Foot 12:30 Billiards	27	28 9:00 Walking Grp 11:30 Black Angus 1:00 Line Dance 4:00 Applebee's 6:00 Workshop	29	30
31 3:00 Sunday Support						