



# MAY 2024



Office Hours: M-W-F 10:00 AM - 1:00 PM Phone: (916) 972-9722

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Special note</b>  <b>DL- Deadline for Reservations</b>  <b>DT- Day of Trip</b>  <b>NL - Newsletter</b></p>			<p>1            9:00 Ladies' Bkfst</p>	<p>2            9:00 Walking Grp            1:30 Book Club            6:00 Grief Recovery</p>	<p>3</p>	<p>4            8:00 Lido Breakfast            6:00 Hand &amp; Foot</p>
<p>3-5 SUNDAY SUPPORT  <b>Cinco de Mayo</b>            12:00 Out &amp; About </p>	<p>6            2:00 Bowling</p>	<p>7  <b>NL Copy Deadline</b>            10:00 Hand &amp; Foot            12:30 Billiards            3:00 Board Meeting</p>	<p>8            9:00 Ladies' Bkfst</p>	<p>9            8:30 Red Hawk            9:00 Walking Grp            1:00 Line Dance            4:00 Applebee's</p>	<p>10  <b>DL - Pasta Feed</b></p>	<p>11            6:00 Hand &amp; Foot</p>
<p>12 <b>Mother's Day</b>            3-5 SUNDAY SUPPORT  </p>	<p>13            2:00 Bowling</p>	<p>14            10:00 Hand &amp; Foot            12:30 Billiards  <b>DL 3rd Wed Dinner</b></p>	<p>15            9:00 Ladies' Bkfst            4:00 3rd Wednesday Dinner</p>	<p>16            9:00 Walking Grp            10:30 Senior Craft            2:00 Poker Party</p>	<p>17            1:00 Family Estrangement Support Group</p>	<p>18  <b>3:30 Pasta Feed Western</b></p>
<p>19            3-5 SUNDAY SUPPORT</p>	<p>20  <b>NL - Copyright</b>            2:00 Bowling</p>	<p>21  <b>NL- Copyright</b>            10:00 Hand &amp; Foot            12:30 Billiards</p>	<p>22  <b>NL- Corrections</b>            9:00 Ladies' Bkfst</p>	<p>23  <b>NL Corrections &amp; run</b>            9:00 Walking Group            1:00 Line Dance</p>	<p>24  <b>NL-Circ</b>  <b>DL- Ice Cream Social</b>            6:00 "KARAOKE &amp;</p>	<p>25            6:00 Mexican Train Dominoes</p>
<p>26            3-5 SUNDAY SUPPORT</p>	<p>27 <b>Memorial Day</b>            2:00 <b>NO</b> Bowling  <b>2-4 Ice Cream Social</b>  <b>OFFICE CLOSED</b></p>	<p>28            10:00 Hand &amp; Foot            12:30 Billiards  <b>DT 9:00AM Monterey</b></p>	<p>29            9:00 Ladies' Bkfst</p>	<p>30            9:00 Walking Group  <b>DT Monterey Return 4:00PM</b></p>	<p>31  <b>DL Columbia</b></p>	