



# MAY 2024



Office Hours: M-W-F 10:00 AM - 1:00 PM Phone: (916) 972-9722

| SUNDAY   | MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY  | SATURDAY  |
|--|--|---|--|---|---|---|
| <p><b>Special note</b><br/> <b>DL- Deadline for Reservations</b><br/> <b>DT- Day of Trip</b><br/> <b>NL - Newsletter</b></p>   |  |   | <p>1<br/>           9:00 Ladies' Bkfst</p>   | <p>2<br/>           9:00 Walking Grp<br/>           1:30 Book Club<br/>           6:00 Grief Recovery</p>                           | <p>3</p>  | <p>4<br/>           8:00 Lido Breakfast<br/>           6:00 Hand &amp; Foot</p> |
| <p>3-5 SUNDAY SUPPORT<br/> <b>Cinco de Mayo</b><br/>           12:00 Out &amp; About </p> | <p>6<br/>           2:00 Bowling</p>   | <p>7<br/> <b>NL Copy Deadline</b><br/>           10:00 Hand &amp; Foot<br/>           12:30 Billiards<br/>           3:00 Board Meeting</p> | <p>8<br/>           9:00 Ladies' Bkfst</p>   | <p>9<br/>           8:30 Red Hawk<br/>           9:00 Walking Grp<br/>           1:00 Line Dance<br/>           4:00 Applebee's</p> | <p>10<br/> <b>DL - Pasta Feed</b></p>   | <p>11<br/>           6:00 Hand &amp; Foot</p>                                   |
| <p>12 <b>Mother's Day</b><br/>           3-5 SUNDAY SUPPORT<br/> </p>                   | <p>13<br/>           2:00 Bowling</p>  | <p>14<br/>           10:00 Hand &amp; Foot<br/>           12:30 Billiards<br/> <b>DL 3rd Wed Dinner</b></p>                                 | <p>15<br/>           9:00 Ladies' Bkfst<br/>           4:00 3rd Wednesday Dinner</p> | <p>16<br/>           9:00 Walking Grp<br/>           10:30 Senior Craft<br/>           2:00 Poker Party</p>                         | <p>17<br/>           1:00 Family Estrangement Support Group</p>                                   | <p>18<br/> <b>3:30 Pasta Feed Western</b></p>                                   |
| <p>19<br/>           3-5 SUNDAY SUPPORT</p>  | <p>20<br/> <b>NL - Copyright</b><br/>           2:00 Bowling</p>   | <p>21<br/> <b>NL- Copyright</b><br/>           10:00 Hand &amp; Foot<br/>           12:30 Billiards</p>                                     | <p>22<br/> <b>NL- Corrections</b><br/>           9:00 Ladies' Bkfst</p>              | <p>23<br/> <b>NL Corrections &amp; run</b><br/>           9:00 Walking Group<br/>           1:00 Line Dance</p>                     | <p>24<br/> <b>NL-Circ</b><br/> <b>DL- Ice Cream Social</b><br/>           6:00 "KARAOKE &amp;</p> | <p>25<br/>           6:00 Mexican Train Dominoes</p>                            |
| <p>26<br/>           3-5 SUNDAY SUPPORT</p>  | <p>27 <b>Memorial Day</b><br/>           2:00 <b>NO</b> Bowling<br/> <b>2-4 Ice Cream Social</b><br/> <b>OFFICE CLOSED</b></p> | <p>28<br/>           10:00 Hand &amp; Foot<br/>           12:30 Billiards<br/> <b>DT 9:00AM Monterey</b></p>                                | <p>29<br/>           9:00 Ladies' Bkfst</p>  | <p>30<br/>           9:00 Walking Group<br/> <b>DT Monterey Return 4:00PM</b></p>   | <p>31<br/> <b>DL Columbia</b></p>   |   |