



# JULY 2026



**Office Hours: M-W-F 10:00 AM - 1:00 PM Phone: (916) 972-9722**

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

			1	2 9:00 Walking Grp 1:30 Book Club	3	4 8:00 Lido Café NO FACILITATORS' MTG. 2:00 Hand & Foot
5 3:00 Sunday Support	6 2:00 Bowling	7 <u>NL COPY DUE</u> 10:00 Hand & Foot 12:30 Billiards 3:00 Board Meeting	8 1:30 BUNCO	9 9:00 Walking Grp 1:00 Line Dance 4:00 Applebee's	10	11 6:00 Hand & Foot DL Deadline Out & About
12 3:00 Sunday Support	13 2:00 Bowling	14 10:00 Hand & Foot 12:30 Billiards	15 4:00 Brookfields	16 9:00 Walking Grp 10:30 Sr.Crafts 2:00 Poker	17 6:00 Karaoke & Komedy  DL Deadline Out & About	18
19 3:00 Sunday Support	20 2:00 Bowling	21 10:00 Hand & Foot 12:30 Billiards	22 11:30 Red Lobster	23 9:00 Walking Grp 1:00 Line Dance 4:00 Applebee's	24 NL CIRC 12:30 Pinochle	25 6:00 Mexican Train Dominoes
26 3:00 Sunday Support	27 2:00 Bowling	28 10:00 Hand & Foot 12:30 Billiards	29	30 9:00 Walking Grp	31	DL Deadline for Reservations DT Day of Event NL Newsletter