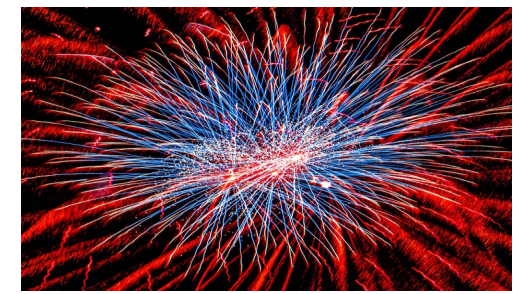




JULY 2024



Office Hours: M-W-F 10:00 AM - 1:00 PM Phone: (916) 972-9722

SUNDAY

MONDAY


TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

<p>DL- Deadline for Reservations DT- Day of Trip NT - Newsletter SN -Special note</p>	<p>1 2:00 Bowling</p>	<p>2 10:00 Hand & Foot 12:30 Billiards 3:00 Board Meeting NL Items Due</p>	<p>3 9:00 Ladies' Bkfst 1:30 Book Club</p>	<p>4 9:00 Walking Group NO WORKSHOP </p>	<p>5 OFFICE CLOSED! </p>	<p>6 8:00 Lido Breakfast 6:00 Hand & Foot</p>
<p>7 3-5 SUNDAY SUPPORT</p>	<p>8 2:00 Bowling</p>	<p>9 10:00 Hand & Foot 12:30 Billiards</p>	<p>10 DT 8:30 - Out & About - Red Hawk 9:00 Ladies' Bkfst</p>	<p>11 9:00 Walking Group 1:00 Line Dancing 4:00 Applebee's 6:00 Grief Recovery</p>	<p>12 DL - Noon Sock Hop</p>	<p>13 6:00 Hand & Foot</p>
<p>14 3-5 SUNDAY SUPPORT</p>	<p>15 NL - Copyright 2:00 Bowling</p>	<p>16 NL- Copyright 10:00 Hand & Foot 12:30 Billiards DL 3rd Wed Dinner</p>	<p>17 NL- Corrections 9:00 Ladies' Bkfst 4:00 3rd Wednesday Dinner</p>	<p>18 NL Corrections & Run 9:00 Walking Group 10:30 Senior Crafts 2:00 Poker 6:00 Grief Recovery</p>	<p>19 8:30 NL-Circ 1:00 Family Estrangement Support Group</p>	<p>20 DT 4:30 Sock Hop</p>
<p>21 3-5 SUNDAY SUPPORT</p>	<p>22 2:00 Bowling</p>	<p>23 10:00 Hand & Foot 12:30 Billiards</p>	<p>24 9:00 Ladies' Bkfst</p>	<p>25 9:00 Walking Group 1:00 Line Dance 4:00 Applebee's 6:00 Grief Recovery</p>	<p>26 6:00 "KARAOKE & KOMEDY"</p>	<p>27 6:00 Mexican Train Dominoes</p>
<p>28 3-5 SUNDAY SUPPORT</p>	<p>29 2:00 Bowling</p>	<p>30 10:00 Hand & Foot 12:30 Billiards</p>	<p>31 9:00 Ladies' Bkfst</p>			