



FEBRUARY 2024



Office Hours: M-W-F 10:00 AM to 1:00 PM

Phone: (916) 972-9722

<u>SUN</u>	<u>MON</u>	<u>TUE</u>	<u>WED</u>	<u>THU</u>	<u>FRI</u>	<u>SAT</u>
				1 9:00 Walking Grp 1:30 Book Club	2	3 8:00 Lido Breakfast 2:00 Recovery Workshop 6:00 Hand & Foot
4 3-5 SUNDAY SUPPORT	5 10:00 Walk 2:00 Bowling	6 NL Copy Deadline 10:00 Hand & Foot 12:30 Billiards 3:00 Board Meeting	7 9:00 Ladies' Bkfst	8 9:00 Walking Grp 1:00 Line Dance 4:00 Applebee's	9 DL Membership Meeting	10 2:00 Recovery Workshop 6:00 Hand & Foot
11 3-5 SUNDAY SUPPORT	12 10:00 Walk 2:00 Bowling	13 10:00 Hand & Foot 12:30 Billiards	14 9:30 DT - Antioch Theatre 9:00 Ladies' Bkfst	15 DL for Member Roster 9:00 Walking Grp 10:30 Senior Craft 2:00 Poker	16 7:00 Social Dance DL Out & About	17 11:00 Membership Luncheon 2:00 Recovery Workshop
18 3-5 SUNDAY SUPPORT	19 OFFICE CLOSED PRESIDENTS' DAY NL - COPYWRITE 10:00 Walk 2:00 Bowling	20 NL- COPYWRITE 10:00 Hand & Foot 12:30 Billiards DL 3rd Wed Dinner	21 NL- CORRECTIONS 9:00 Ladies' Bkfst 4:00 3rd Wed Dinner	22 NL - PRINT 9:00 Walking Grp 11:30 Out & About 1:00 Line Dance 4:00 Applebee's	23 NL-CIRC 6:00 "KARAOKE & KOMEDY"	24 6:00 Mexican Train Dominoes
25 3-5 SUNDAY SUPPORT	26 10:00 Walk 2:00 Bowling	27 10:00 Hand & Foot 12:30 Billiards	28 9:00 Ladies' Bkfst DL Fiddler on the Roof	29 9:00 Walking Grp		DL- Deadline for Reservations DT- Day of Trip NL - Newsletter