



# AUGUST 2024



Office Hours: M-W-F 10:00 AM - 1:00 PM

Phone: (916) 972-9722

## SUNDAY

## MONDAY


## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

## SATURDAY

<p><b>DL- Deadline for Reservations</b>  <b>DT- Day of Trip</b>  <b>NL - Newsletter</b>  <b>SN -Special note</b></p>				<p>1 9:00 Walking Group  1:30 Book Club  6:00 Grief Recovery</p>	<p>2  <b>DL - Elvis</b></p>	<p>3  8:00 Lido Breakfast  6:00 Hand &amp; Foot</p>
<p>4  3-5 SUNDAY SUPPORT</p>	<p>5  2:00 Bowling</p>	<p>6 10:00 Hand &amp; Foot 12:30 Billiards 3 :00 BOARD MEETING  NL ITEMS DUE</p>	<p>7 9:00 Ladies' Bkfst  <b>DL - Out &amp; About</b></p>	<p>8 9:00 Walking Group 1:00 Line Dancing 4:00 Applebee's</p>	<p>9  <b>DL - Luau</b></p>	<p>10  6:00 Hand &amp; Foot</p>
<p>11  DT: 1:00 Out &amp; About  3-5 SUNDAY SUPPORT</p>	<p>12  2:00 Bowling  <b>DL Santa Cruz</b></p>	<p>13  10:00 Hand &amp; Foot 12:30 Billiards</p>	<p>14  9:00 Ladies' Bkfst</p>	<p>15 9:00 Walking Group 10:30 Senior Crafts 2:00 Poker</p>	<p>16 1:00 Family Estrangement Support Group</p>	<p>17  <b>4:30 Luau</b> </p>
<p>18  3-5 SUNDAY SUPPORT</p>	<p>19 <b>NL - Copyright</b>  2:00 Bowling</p>	<p>20 <b>NL - Copyright</b>  10:00 Hand &amp; Foot 12:30 Billiards <b>DL 3rd Wed Dinner</b></p>	<p>21 <b>NL CORRECTIONS</b>  9:00 Ladies' Bkfst  4:00 3rd Wednesday</p>	<p>22 <b>NL - PRODUCTION</b>  9:00 Walking Group 1:00 Line Dance 4:00 Applebee's</p>	<p>23 <b>NL - CIRC</b>  6:00 "KARAOKE &amp; KOMEDY"</p>	<p>24  6:00 Mexican Train Dominoes</p>
<p>25  DT: 9:00 Elvis 3-5 SUNDAY SUPPORT</p>	<p>26  2:00 Bowling</p>	<p>27 10:00 Hand &amp; Foot 12:30 Billiards</p>	<p>28 9:00 Ladies' Bkfst</p>	<p>29</p>	<p>30</p>	<p>31</p>